



Sheila Rosanio's School of Dance & Gymnastics 2022-2023 Schedule (Subject to change)

Contact us (781) 771-9758 or (781) 284-4060 - sheilarosanio@gmail.com

OPEN HOUSE REGISTRATION: 8/22 from 5-8pm, 8/24 from 5-8pm, 8/26 from 5-8pm, 8/27 from 10am-4pm, and 9/2 from 5-8pm

Monday Room 1	Monday Room 2	Tuesday Room 1	Tuesday Room 2	Wednesday Room 1	Thursday Room 1	Thursday Room 2	Friday Room 1	Friday Room 2	Saturday Room 1	Saturday Room 2
3:30-4:30 Diva Stars- Hip Hop & Gymnastics Ages 4-7	3:30-4:30 Pretty Rythm- Ballet & Tap Ages 4-7	3:30-4:30 Bella Ballerinas- Ballet Ages 5-8	3:30-4:30 Fade Team	3:00-4:30 SOLO BLOCK & Mother Team	3:30-4:30 Diva Stars- Hip Hop & Gymnastics Ages 4-7	4:00-5:00 Bad Boys Team	3:30-4:30 Super Stars- Gymnastics, Jazz, & Ballet Ages 4-7	3:30-4:30 Fabulous Team	9-10:00 Twinkling Stars- Gymnastics, Jazz, & Ballet Ages 2 ½- 4	9-10:00 Super Stars- Gymnastics, Jazz, & Ballet Ages 5-9
4:30-5:30 Flying High- Gymnastics All Ages	4:30-5:30 Bella Ballerinas- Ballet Ages 8-12	4:30-5:30 Teen Ballet	4:30-5:30 Solo Block	4:00-5:00 Cha Cha Heels Team	4:30-5:30 Flying High- Gymnastics All Ages	5:30-7:00 Hallelujah & Hip Hop Team	4:30-5:30 Hammer Mix Team	4:30-5:30 Hairspray Team	10-11:00 Diva Stars- Hip Hop & Gymnastics Ages 4-7	10-11:00 Diva Stars- Hip Hop & Gymnastics Ages 8 & Up
5:30-6:30 Super Stars- Gymnastics, Jazz, 7 Ballet Ages 6-8	5:30-6:30 Super Stars- Gymnastics, Jazz, 7 Ballet Ages 9-12	5:30-6:30 Junior Ballet	5:30-6:30 Lyrical Team	5:00-6:00 New Comp Team	5:30-6:30 Super Stars- Gymnastics, Jazz, 7 Ballet Ages 3-5	7:00-8:30 Ciara Team & New Comp	5:30-6:30 Solo Block	5:30-6:30 Daisies Team	11-12:00 Super Stars- Gymnastics, Jazz, & Ballet Ages 8-13	11-12:00 Star Dust- Gym, Hip Hop, & Tap Ages 8-13
6:30-7:30 Diva Stars- Hip Hop & Gymnastics Ages 9 & Over		6:30-7:30 Star Dust- Gym, Hip Hop, & Tap Ages 6-9	6:30-7:30 Star Dust- Gym, Hip Hop, & Tap Ages 10 & Up	6:30-7:30 Comp Line	6:30-7:30 Diva Stars- Hip Hop & Gymnastics Ages 5-9	6:30-7:30 Diva Stars- Hip Hop & Gymnastics Ages 10 & Over	6:30-7:30 Flying High Open Gymnastics All Ages		12-1:00 Doja Cat Team	
7:30-8:30 Lyrical Team	8:30-9:00 Solo Block	7:30-8:30 Flying High- Gymnastics All Ages	6:30-8:30 Team Jazz/Hip Hop	7:30-8:30 Quad	7:30-8:30 Teen Classes				1:00-2:00 Femuline Team	